#### Waiver

In consideration of your accepting this entry, I, the below signed, intending to be legally bound hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Healthy Berkeley and it's affiliates and any other sponsors and their representatives, successors, and assigns, for any and all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of the negligence or carelessness on the part of the persons named in this waiver. I agree to abide by any decisions of a race official relative to my ability to safely run. I assume all risks associated with running/walking in the 5K, including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I attest and verify that I will participate in this event as an entrant, that I am physically fit and sufficiently trained for the completion of this event, and my physical condition has been verified by a licensed Medical Doctor. Further, I hereby grant full permission to any and all of the aforementioned parties to use my name, likeness and voice, as well as any photographs, videotapes, motion pictures, recordings, or any other record of this event in which I may appear for any legitimate purpose, including television broadcast of the event, the reuse in any media of this broadcast, and in advertising and promotion for such broadcast use.



Parent or Guardian Signature (if under 18):



#### Proceeds

Proceeds from the race go to the physical activity mini-grant for public schools

Sponsorship opportunities available!











GET READY TO SHUFFLE!

## SATURDAY APRIL 29

ON THE SQUARE IN

# Downtown Martinsburg

Promoting Healthy Lifestyles

#### Start Time

5k starts at 8am Kids Fun Run to follow at 9am

## Registration

7:00am on the square in Downtown Martinsburg

## Online Registration

www.truffleshuffle5k.itsyourrace.com

#### Packet Pick Up

At The Wellness Center @ Berkeley Medical Center on Friday, April 28 from 8am-6pm or on the square on race day.

#### CRITAR

From the square in Martinsburg, through the main streets of downtown, out Raleigh St. Extension and back to the square.

#### Entry Fee

\$25 before April 13, \$30 after April 13 and on race day. Kids 13 and under free. Race fee includes high quality tech t-shirt and ticket to get a free Chocolate Truffle at DeFluri's Fine Chocolates. No guarantee of T-shirt if registering after April 13.

Kids Fun Run for those 12 and under is free (no T-Shirt)

#### Quands

Presented to top 3 overall male and female runners and top 3 runners in each 10 year age group following the race.

#### Refreshments

One water stop will be located at the turn around point on Raleigh Street Extension and light refreshments will be served at the finish.

## Information

Questions? Contact Dana M. **DeJarnett.** The Wellness Center @ Berkeley Medical Center, 304-264-1287, ext 31814 or ddejarnett@wvumedicine.org

## Chip Race Timing by:

**Insight Audio/Visual Services, L.L.C.** 



Name	
Address	
City	
State	
Telephone	
Date of Birth	
<b>Age</b> (as of 4/29/17)	
Email Address	
How did you hear	
MALE 🗆	FEMALE 🗆
PLEASE CIRCLE SHIRT SIZE:	
XS S M	ı xı xxı

Please read & sign waiver on the back.

To register online, visit our website at www.truffleshuffle5k.itsyourrace.com

> Make checks payable to **Main Street Martinsburg**

**Send Registration Form to: Main Street Martinsburg** 142 N. Queen Street Martinsburg, WV 25401