

## Waiver

In consideration of your accepting this entry, I, the below signed, intending to be legally bound hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Healthy Berkeley and its affiliates and any other sponsors and their representatives, successors, and assigns, for any and all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of the negligence or carelessness on the part of the persons named in this waiver. I agree to abide by any decisions of a race official relative to my ability to safely run. I assume all risks associated with running/walking in the 5K, including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I attest and verify that I will participate in this event as an entrant, that I am physically fit and sufficiently trained for the completion of this event, and my physical condition has been verified by a licensed Medical Doctor. Further, I hereby grant full permission to any and all of the aforementioned parties to use my name, likeness and voice, as well as any photographs, videotapes, motion pictures, recordings, or any other record of this event in which I may appear for any legitimate purpose, including television broadcast of the event, the reuse in any media of this broadcast, and in advertising and promotion for such broadcast use.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent or Guardian Signature (if under 18): \_\_\_\_\_



### *Proceeds*

**Proceeds from the race go to the physical activity mini-grant for public schools**

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*Sponsorship opportunities available!*

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GET READY TO SHUFFLE!  
**SATURDAY  
APRIL 29**

ON THE SQUARE IN

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*Downtown  
Martinsburg*

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*Promoting Healthy Lifestyles*

## *Start Time*

5k starts at 8am  
Kids Fun Run to follow at 9am

## *Registration*

7:00am on the square in  
Downtown Martinsburg

## *Online Registration*

[www.trufflesuffle5k.itsyourrace.com](http://www.trufflesuffle5k.itsyourrace.com)

## *Packet Pick Up*

At The Wellness Center @ Berkeley  
Medical Center on Friday, April 28 from  
8am-6pm or on the square on race day.

## *Course*

From the square in Martinsburg,  
through the main streets of downtown,  
out Raleigh St. Extension and back to  
the square.

## *Entry Fee*

\$25 before April 13, \$30 after April 13  
and on race day. Kids 13 and under  
free. Race fee includes high quality tech  
t-shirt and ticket to get a free Chocolate  
Truffle at DeFluri's Fine Chocolates.  
No guarantee of T-shirt if registering  
after April 13.

Kids Fun Run for those 12 and under is  
free (no T-Shirt)

## *Awards*

Presented to top 3 overall male and  
female runners and top 3 runners in  
each 10 year age group following  
the race.

## *Refreshments*

One water stop will be located at the  
turn around point on Raleigh Street  
Extension and light refreshments will  
be served at the finish.

## *Information*

Questions? Contact **Dana M.  
DeJarnett**, The Wellness Center @  
Berkeley Medical Center,  
304-264-1287, ext 31814 or  
[ddejarnett@wvumedicine.org](mailto:ddejarnett@wvumedicine.org)

## *Chip Race Timing by:*

Insight Audio/Visual Services, L.L.C.



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Date of Birth \_\_\_\_\_

Age (as of 4/29/17) \_\_\_\_\_

Email Address \_\_\_\_\_

How did you hear about this event?

\_\_\_\_\_

\_\_\_\_\_

MALE  FEMALE

**PLEASE CIRCLE SHIRT SIZE:**  
XS S M L XL XXL

*Please read & sign waiver on the back.*

To register online, visit our website at  
[www.trufflesuffle5k.itsyourrace.com](http://www.trufflesuffle5k.itsyourrace.com)

**Make checks payable to  
Main Street Martinsburg**

**Send Registration Form to:  
Main Street Martinsburg  
142 N. Queen Street  
Martinsburg, WV 25401**